

STUDENT EMPLOYMENT

The department offers a few on-campus student employment opportunities for undergraduate and graduate students:



REC CENTER DESK STAFF
REC SPORTS STAFF
LIFEGUARD
GROUP FITNESS INSTRUCTOR

Available positions are posted in Handshake at www.ship.edu/career.

The submittal of a student employment application is required.



STAY CONNECTED!



Download our app!
SHIP RECREATION

Available on IOS or Android

Easy access to facility hours, intramurals, club sports, group fitness, membership info, & more!



SHIPREC

SHIPPENSBURG UNIVERSITY

1871 OLD MAIN DRIVE,

SHIPPENSBURG, PA 17257

WEBSITE: WWW.SHIP.EDU/RECREATION

EMAIL: REC@SHIP.EDU

PHONE: 717-477-1755

REC HOTLINE: 717-477-1561

INTRAMURALS: IMLEAGUES.COM/SHIP

CLUB SPORTS: SHIP.CAMPUSGROUPS.COM

INSTAGRAM: [@SHIPRECREATION](https://www.instagram.com/SHIPRECREATION)

www.ship.edu/recreation

The Department of Recreation is committed to inspiring active and healthy lifestyles through quality recreational programming, services, and facilities. By providing diverse opportunities outside of the classroom, the department promotes student success and engagement, leadership development, and teamwork and sportsmanship.



SHIPREC:



- 64,000 sq ft Rec Center
- 4 Multi-Purpose Courts
- 200m Elevated Track
- 2 Racquetball Courts
- 1,800 sq ft Studio
- Cardio/Strength Area
- Locker Rooms

Undergraduate students enrolled in on-campus classes are members of ShipRec. Additional membership information is available at www.ship.edu/recreation.

HEIGES FIELD HOUSE POOL:



- 25 Yard/6 Lane Facility
- Open rec swim is available for the University community upon presentation of SU ID.

STUDENT REC COMPLEX:

A fully lighted, 12-acre multi-purpose facility:



- 1/2 Mile Walking Path
- 2 Basketball Courts
- 2 Sand Volleyball Courts
- 2 Softball Fields
- 2 Pavilions
- Street Hockey Rink
- Disc Golf Course

GROUP FITNESS

Stay motivated and have fun in fitness classes designed to provide a variety of instructional activities for all fitness levels.



Classes are offered during the fall and spring semesters. All equipment is provided. ShipRec access policies apply.

INTRAMURALS

- | | |
|------------------------|-------------------|
| SOCCER | DODGEBALL |
| SOFTBALL | BASKETBALL |
| VOLLEYBALL | KICKBALL |
| PICKLEBALL | SPIKEBALL |
| FLAG FOOTBALL | CHESS |
| SAND VOLLEYBALL | CORNHOLE |

Intramural leagues and tournaments are held on-campus and are open to the University community. Intramurals range from one-day tournaments to leagues scheduled 3-5 weeks in length.

Eligible individuals may form a team, or request to be a free agent and the department will attempt to connect the individual with a team.

All intramural programs are managed at www.imleagues.com/ship (requires SU Login). A summary of policies and procedures is found in the

Intramural Participant Handbook located at www.ship.edu/recreation.



CLUB SPORTS

- BOXING**
- CYCLING**
- EQUESTRIAN**
- FENCING**
- ICE HOCKEY**
- IN-MOTION DANCE TROUPE**
- LACROSSE - MEN'S**
- RUGBY - MEN'S**
- RUGBY - WOMEN'S**
- SOCCER - MEN'S**
- STREET HOCKEY**
- TABLE TENNIS**
- ULTIMATE FRISBEE - MEN'S**
- ULTIMATE FRISBEE - WOMEN'S**
- VOLLEYBALL - MEN'S**



The Shippensburg University Club Sports program provides opportunities for students to participate in competitive sports against outside institutions. Each club is formed and governed by students within guidelines established by the SU Student Government Assoc. and the Department of Recreation. Within this framework, the focus and programming of each club will vary with the dynamics of student leadership. Club sport activity is typically the duration of the entire academic year. A summary of club sport policies and procedures is found in the *Club Sports Handbook* located at www.ship.edu/recreation.

BIKE SHARE



A free bike share program available to the University community. Venture downtown or enjoy nearby routes/trails. Visit ShipRec with SU ID and check-out a bike for 5 hours!